



Pole in the Land Rules Document

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CATEGORIES

Participants have up until a week after registration closes to make changes to their category. We may move you into a different category ourselves if you do not meet the requirement for the category entered.

If you are entering 2 different categories, you must have a different routine for each category. Pole in the Land will do our best to check for accuracy in this, but ultimately that's your responsibility.

Showcase

This is the main category of the event and will feature pole fitness, pole dance, and pole art performances ranging from the Elementary level up through Elite. Performances can be done in heels, shoes, or barefoot but the performance itself must not be sensual or exotic in nature (no stripping, twerking, rubbing etc). There is no feedback provided in this category. This is a good category for performers looking to simply showcase their talents, get on stage, and perform a choreographed routine.

Showcase Plus

This category encapsulates everything in the Showcase category, but with added feedback and judging scores based on the elements of performance from local coaches with previous competition judging experience. This is a good category to enter to prepare for a competition.

Freestyle

This category is for the artists and athletes that wish to freestyle their piece. The performer still chooses their music and must still submit it as normal.

Doubles/Groups

This category is open to doubles and groups of 6 people or less. All members of a group or doubles performance must apply, register, and pay separately in order to be included in the event.

Adult Only 18+

This category is for the pole dancer or pole artist wishing to perform an exotic, sensual, or heels piece. You may wear heels in other categories besides Adult Only 18 +, but the performance itself must not be sensual or exotic in nature (no stripping, twerking, rubbing etc).

RULES

APPLICATIONS, REGISTRATION AND FEES

Applications and Registration opens January 15th 2024 and closes on February 29th 2024.

Must submit an application. Spaces are limited so there is no guarantee you will be able to perform; the earlier you submit, the better! Once your application is approved, you must sign a waiver of liability as well as pay the registration fee, and boom! You're in. We don't need anything else from you after that point except prop and music submissions as per their respective submission dates.

Spectators of all ages are welcome to watch but Adult Only 18+ performances are only open to spectators 18 and over.

Entry fees are not refundable and not transferable between events or persons.

Pole in the Land reserves the right to permit late registration, and the right to refuse any entry.

We believe in inclusivity and all people are welcome to Pole in the Land. One can, however, lose their ability to be included in our organization by behaving poorly. If one behaves in a manner that shows a habit of disrespect, harassment, violence, or anything else that Pole in the Land believes creates an unsafe or unsupportive environment, we reserve the right to take actions up to a ban from the event. Please treat each other well.

POLES AND SETUP

The general setup is two 45mm, 11' chrome X-Poles, about 8' apart. The floor is laminate that is slightly ridged. Kneepads for low flow routines or exotic routines is recommended as the floor is harder than the average dance floor.

All categories use the stage right pole on spin and the stage left pole on static. Please see the stage diagrams for details.

PERFORMANCE CONTENT

Entering the audience is not permitted.

Licking the poles is not permitted.

No hazardous props permitted. Continue reading for more information on props.

MUSIC TIMES AND DEADLINES

You are responsible for the quality and submission of your edited music. You should upload your track exactly as you want it played at the event into the google application, and should upload files by the deadline in m4a, mp3, or wav format.

Music deadline is March 15th 2024. All information about music and prop submission will be sent after your application is accepted and you register to perform.

You are required to bring a USB to the event with a backup copy of your music. The USB must only contain your music track, and should not have any other files on it. Tracks should be labeled with stage name and category. This allows for a quick retrieval in case of technical issues with the original song file. The USB should be kept backstage with you at all times. In case of technical issues, the stage monitor will ask for it.

Music mixes or mash-ups are permitted. There are no music restrictions.

There is no minimum time requirement. The maximum length is 4 minutes.

Any music file uploaded with a timestamp that is beyond the maximum permitted time will not be accepted.

Music fines are as follows (cumulative): \$10 per week late (or fraction thereof), and an additional \$50 if submitted within 48 hours of the day of the event.

COSTUME AND SHOES

You must wear "suitable dance attire" at all times. All intimate body parts must be covered. The top must cover as much skin as a regular bra. Bottoms - no thongs and no g-strings. For Adults Only 18+ category, we allow for wearing or stripping down to pasties and thongs (*no g-strings*).

In order to adhere to local laws and venue agreements, Pole in the Land reserves the right to

determine on site if coverage is adequate. You will be given the option to change into something approved.

Violation of the dress code requirement can lead to additional fees and banning.

You may wear boots, shoes or perform in bare feet.

Visible lower body genitalia, real or otherwise, is not permitted. Dance belts or lined shorts are highly recommended for male performers.

If clothing is removed completely from your body, it is considered a prop and the rules regarding props will apply.

Adult Only 18+

Must have pasties and/or nipples covered the entire piece. Thongs are permitted but genitalia must be covered. (*no g-strings*)

PROPS

A “prop” is defined as anything that is not attached to your body.

Prop deadline is March 28th 2024. All information about music and prop submission will be sent after your application is accepted.

Remember, If clothing is removed completely from your body, it is considered a prop and the rules regarding props will apply.

Props may bear some body weight but not all are allowed. Ex. You can wrap a skirt around the pole and lean on it. You cannot use pole silks or fab pole devices.

All props must be submitted via google form by the posted deadlines. When submitting your props to the form, you must write a brief description of all your props, including the full names of any human props.

Human props are allowed. Human props may touch you, but not the pole. If your human prop is setting other props for you onstage, they may not touch the poles.

Human props must have a spectator ticket to the section in order to participate as a prop and must be 18 years of age or older. They are required to sign a waiver of liability before participating in the show.

Human props are allowed to enter and exit the stage during the performance, but may not enter through the audience section.

To ensure the safety of our attendees, if you hit anyone with your prop (ex. throwing it into the

audience), that is grounds for banning and fees at Pole in the Land's discretion.

You will have the ability to set and remove your own props and our volunteers are also available to help if you ask. You will coordinate backstage with the Stage Monitor on the day of the show.

Whether you place and clean up the props, or a human prop or volunteer places and cleans up the props, the prop placement must only take a maximum of 30 seconds and prop removal must only take a maximum of 30 seconds.

No potentially hazardous props are permitted (i.e. if a substance is left on the floor, pole, or performance area, or could potentially harm spectators or other performers). Some examples of props that will not be approved are:

- Fire
- Fireworks
- Real weapons
- Glass
- Water, liquid, or gel
- Food
- Helium balloons
- Vaporizers, fog machines, or anything that produces smoke or particles
- Anything requiring access to an electrical outlet
- Loose glitter, loose powder, confetti etc.
- Dildos
- Visible lower body genitalia, real or otherwise
- Pets or live animals
- Anything exceeding the dimensions of 7' tall, 5' wide, and 3' deep (2.13m tall, 1.52m wide, 0.91m deep)
- Anything exceeding a weight limit of 25 lbs
- Anything that clamps to the pole and is intended to bear your body weight, such as handloops, FabPole or PoleSilks type devices.

Fake guns need to have the orange or red tip visible on them, which is a federal law in the United States. The tip indicates to Pole in the Land, the audience, and law enforcement that the firearm is not real.

Late fines for prop descriptions are a cumulative \$10 per week late or fraction thereof, and an additional \$50 if submitted less than 48 hours in advance of the start of the event.

GRIP AIDS

Grip aids are permitted if applied to the body only. You may not apply grip aids directly onto the equipment. Grip aids that leave a residue on equipment after cleaning are not permitted.

Examples of grip aids that are and are not allowed; this is not an exhaustive list, but will get you started:

Allowed: Trick-Tac Grip, Dry Hands, Dew Point, Tite Grip, itac, X-Grip, Pole Mamas, Monkey Hands Grip Aid, Koala Grip Pro 23, Griptonite

Not allowed: Chalk, Firm Grip

The use of gloves and sticky leggings is permitted.

DAY OF EVENT

You must conduct yourself appropriately at all times during the live event and on any and all social media platforms. You must act with decorum at all times and shall support the other participants. There shall be no heckling or jeering of other participants or the feedback staff.

You should arrive at the venue a minimum of 1 hour (no earlier than opening time of registration) prior to the start of your category) and check in at the Front desk. Please check in with the Stage Monitor no later than 30 minutes before your scheduled performance time. Failure to arrive and check-in with event officials by that time may result in removal from the performance list.

You must be in good physical health. Please allow yourself enough time to warm up properly before performing. Pole in the Land Showcase reserves the right to prevent you from performing, or to stop a performance if you appear to be medically unfit to perform safely, under the influence of alcohol or drugs, or are performing in a manner that is unsafe to yourself or others.

If you are pregnant at the time of the performance, we require that you submit a doctor's note dated within two weeks of the event certifying that you are able to perform safely.

PHOTOGRAPHY AND FILMING

As a performer, you agree to be filmed throughout the showcase and have signed a release regarding this during your application and registration. Professional photography and video are not provided for performers.

All photography and footage, including any video you submit to us, remains the property of Pole in the Land. You have no right to compensation for photography and footage made as part of the showcase.

As a participant, you agree that all photography and footage can be used by Pole in the Land for promotional, advertising and commercial purposes. You may be required to appear on TV, film, print, or other media for the purposes of publicity and promotion. We will try to give advance notice if the media will be present at the event. With or without notice, participants should understand that, as with any public event, media can and may be present.

Spectators may use cell phone or tablet devices to take photographs and videos for their personal use, provided that the device is held no higher than shoulder height if seated, so as not to obstruct the view of the other spectators, or in designated areas to the back and/or sides of the seating area. All other camera types are not permitted except by those used by approved media representatives with a media pass from the event organizers.

Photography and filming are not permitted within the participant changing areas.

TERMS AND CONDITIONS

Pole in the Land reserves the right to bar you from entry to a future showcase, if you breach the rules and regulations of this showcase.

Pole in the Land reserves the right to make modifications to the rules, regulations, terms, and conditions of the showcase at any time.

If a change is deemed necessary for safety reasons, it will take place immediately and Pole in the Land will make every effort to inform you as soon as possible either orally or in writing.

Pole in the Land will not be held liable for any expenses incurred by your participation in the showcase. Pole in the Land is not liable for any injury or damage incurred by you during any stage of the showcase.

Pole in the Land will not be held liable to you for any loss or expenses suffered either directly or indirectly resulting from a breach of Pole in the Land terms and conditions.

In the event of a breach of contract by Pole in the Land, your remedies shall be limited to damages not exceeding the price of the entry fee you paid.

Pole in the Land is committed to the highest standards of health and safety at all stages of the event. Pole in the Land will be using removable dance pole(s) throughout the showcase and cannot be responsible for any damage to property or injury to persons or third parties during the use of this product.

Pole in the Land may license or subcontract all or any part of their rights and obligations without the participants' consent.

Any issues not already addressed within this document or on the Pole in the Land webpage or associated Pole in the Land materials will be made by Pole in the Land in due course. If any provision of these terms and conditions shall be invalid, void, illegal or unenforceable, the validity, existence, legality and enforceability of the remaining provisions shall not be affected, prejudiced or impaired.

Failure by the Pole in the Land to enforce any provision of these terms and conditions shall not be treated as a waiver of that provision, nor shall it affect Pole in the Land's right to subsequently enforce that provision.

STAGE DIAGRAMS

AERIAL VIEW





